



The Training Division of
NEWPORT CENTER FOR PSYCHOANALYTIC STUDIES
Non Profit Public Benefit Corporation

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Doing Couples Therapy with a Little Help from Winnicott
2/16/19 with David Wayne, PhD, LMFT

COURSE DESCRIPTION:

This seminar explores Winnicott's ideas regarding the importance of aggression in emotional development. We will apply these ideas to couple's therapy, using Winnicott's vision to assess each individual's functioning regarding aggression. Based on the results, implications for conjoint treatment will be explored through clinical examples. Upon registration, two short papers will be sent to participants to read before the seminar.

COURSE OBJECTIVES:

1. Participants will be able to identify Winnicott's stages of emotional development as it relates to aggression.
2. Participants will be able to assess a couple's level of functioning as it relates to aggression.
3. Participants will be able to identify useful strategies based on their assessment of emotional functioning as it relates to aggression.

ABOUT THE INSTRUCTOR:

DR. David Wayne has been in private practice for the past forty three years. He first trained in systems theory; interacting first hand with the likes of Manuchin, Satir, Haley, Watzlawick, and Bowen. Since training in psychoanalysis, he has taught basic and advanced courses in the writings of Winnicott for the past twenty eight years in the Newport Psychoanalytic Institute doctoral program. He served as Dean of Education at NPI for ten years.

COURSE DETAILS:

- Meets: Saturday, February 16, 2019, 10am – 1pm
- Location: Dr. Wayne's office: 250 W. Main St., #201, Tustin, CA 92780
- Number of CEs: 3
- Cost: \$60 if purchased individually, \$50 with purchase of 4 or more courses
- Registration: Participants MUST register in advance. No registration at the door. See registration form, go to <http://npi.edu> or call NPI at 714-505-9080.

Minimum number of students to run the class: 3

Maximum number of students to run the class: 10