



PRIOR APPROVAL FORM PERSONAL TRAINING ANALYSIS

Candidate Name: _____

Signature: _____

Date: _____

Personal Training Psychoanalyst Name: _____

Signature: _____

Are you a Member of NPI? Yes _____ No _____

Personal Training Analysis Requirements:

- Personal Training Analyst must be a member of NPI.
- Personal Training Analyst must be a qualified Training and Supervising Analyst.
- Sessions take place in person unless other arrangements have been approved by Training Committee.
- NPI requires the Candidate to meet 3 times per week for a maximum of 100 hours and 4 times per week for 300 hours for a minimum total of 400 hours. No double sessions.
- Personal training analysis must continue until the successful achievement of Advanced Candidacy status.
- Candidate and Supervising and Training Analyst must work out together the fee, time of meeting, cancellation policy and other conditions of the analysis. It is assumed that the analysis process is continuous.
- To protect the confidentiality of the Personal Training Analyst, there is no contact between the analyst and NPI Training Committee or Dean. If the Personal Training Analyst has any questions, they may initiate contact with the Chair of the Training Committee.

PSYCHOANALYST: I have read the requirements for Personal Training Analysis: _____
Initial

CANDIDATE: I have read the requirements for Personal Training Analysis: _____
Initial

AUTHORIZATION

Approved by the Training Committee: _____ Date of Approval: _____

Denied by Training Committee: _____ Date of Denial: _____

Reason:

Authorized Signature: _____ Date: _____
Training Committee Chair